

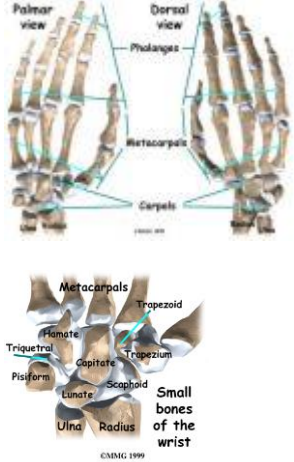









# Artistic Advantage

## Hand Medicine

 <p>Neutral Wrist</p>	 <p>Neutral Wrist Try wrist cuffs to reduce strain from hand grasp</p>	 <p>Normal Wrist alignment</p>
 <p>Avoid Full Wrist Extension</p>	 <p>Avoid Full Wrist Extension</p>	 <p>Poor leverage at end range of motion</p>
 <p>Finger Isometrics Pump blood to the hand and relax the fingers</p>		 <p>Minimize Full weight Bearing and collapsing the arch supporting the knuckles</p>

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*Hand Therapy...an Advantage for Life*